

Agenda

Recovering From The Pandemic

Leading Your Team

A Half Day Virtual Workshop

Course Objectives:

This workshop provides, operational front line team leaders and managers in Primary Care, with the opportunity to reflect on how they managed the challenges of dealing with a pandemic. Unpicking lessons learnt and looking for opportunities to include these in planning for the future.

Especially planning to ensure a sustainable service is delivered by resilient people

The sessions provide the opportunity peer-to-peer learning as well as the development of a personal action plan

All delegates will receive a certificate of attendance

Arrival

Module 1
90 Minutes

Welcome, Introductions and Objective

- Staff safety and risk management
- Remote working
- Staffing levels
- Prioritising workload
- Leading the team

Comfort Break

Module 2
90 Minutes

Welcome back.

- Emotional intelligence
- Listening skills
- Managing Pressure
- Self-care
- Mindfulness
- Mental health and burnout

Reflection & Action Plan

Close